

October 2020 Newsletter

FFWM <FFwesternmichigan@gmail.com>

Sun 10/4/2020 6:30 PM

To: Marcia Ellis <marcia.ellis@wmich.edu>



<https://www.friendshipforcewmich.org/>

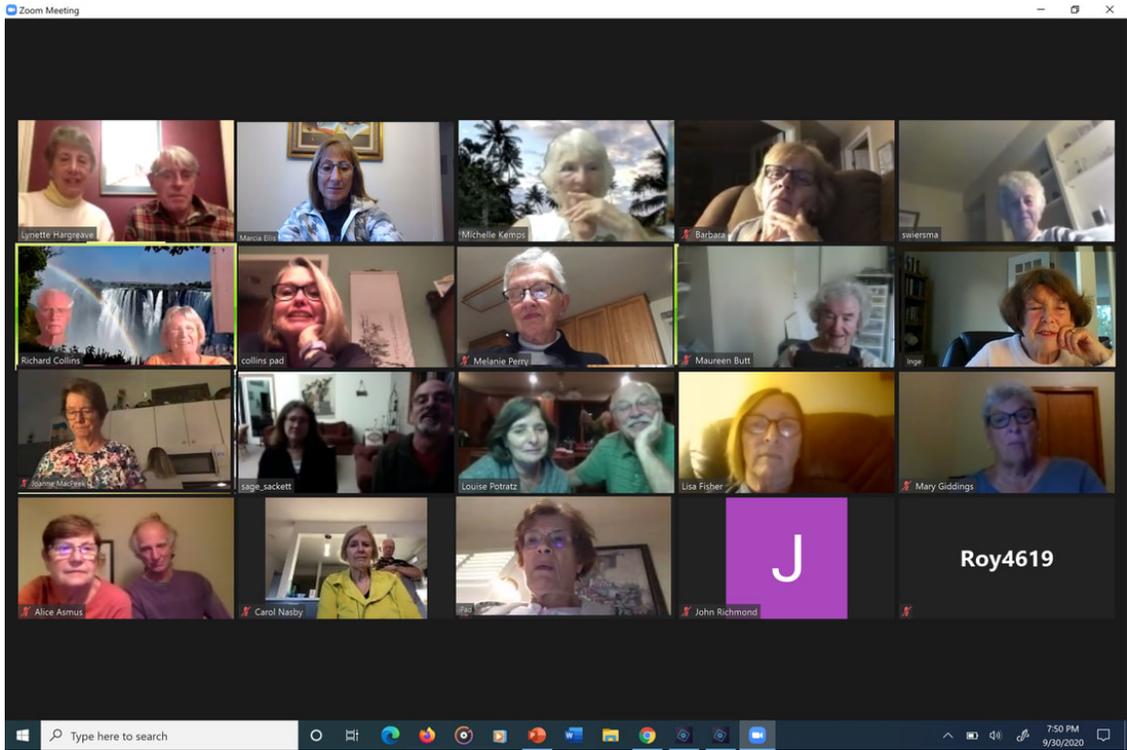
Check our website for upcoming events and information!

A Social Outing



On September 29th 22 members and 3 dogs met at the shelter at Roosevelt Beach at Gun Lake/Yankee Springs recreation area. We brought our own lunches and we played travel bingo and corn hole. About 4pm we took a nice hike in the woods! The weather cooperated and we all had such a great time!! This was our first face-to-face outing since Covid restrictions. It was really nice to see so many members attend!

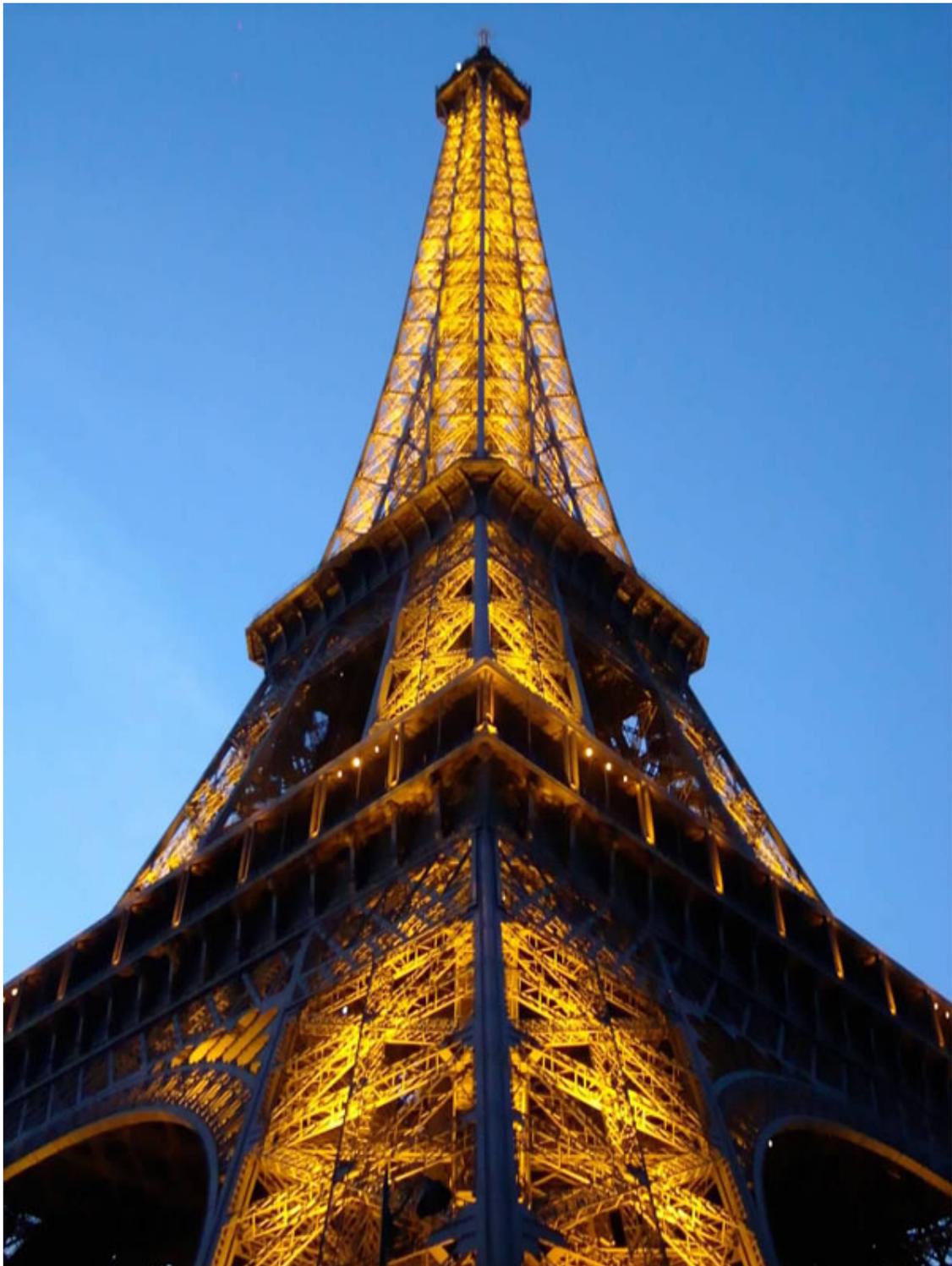
Travelogue



On September 30th 18 FFWM members and 7 FFSWFL members participated as Lisa Fisher, Nancy Draayer, and Marcia Ellis presented a travelogue on their April 2019 journey to Singapore and Indonesia with two Friendship Force clubs, Southwest Florida and Sarasota. We learned a lot about the culture, food, and varied life styles of these countries thanks to this presentation. Thank you, ladies, for sharing your experience with us!

Photocluster





This month our focus was on architecture. Architecture encompasses not only buildings, but it also includes bridges and the decorative elements that adorn buildings. It is defined as "the complex or carefully designed structure of something". Check out our pictures! [pictures](https://ffwmphotocluster.shutterfly.com/pictures)

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Meet Our Members



Sue:

I am a 76 year old active female. I love to cross country ski, hike, bike, kayak, garden, cook, and belong to three book groups. Life-long learning takes up a great deal of time also. I am eager to learn about new things. Travel has been a big part of my life while working and in retirement. I have visited 34 countries in Europe, Middle East, Asia, and South America. Although a short time in Friendship Force I have visited Mexico, Louisville, KY, Omaha Nebraska for Crane Fest, and am going to Bavaria for a hiking trip in September. I have hosted people from Germany, Kentucky, Montana, Chicago, and Nebraska. My career was in health care first as a nurse and then in pharmaceutical research. My family consists of two children a son and a daughter and three grandchildren who live in LA, a long way from Michigan.

Loren:

I was born and raised in the Holland-Zeeland area, and after college and

medical school, I completed a residency in orthopedic surgery and returned to practice here for 35 years. I'm retired and, with my best friend, Sue Bohlander, spend a lot of time biking, kayaking, gardening, reading, cooking and spending time on Beaver Island where I have been vacationing since 1948. I am active in leadership roles in an 875 member continuing learning organization in Holland as well as Evergreen Commons, a senior retirement activity center. I have two children and two grandsons, and because they live in Western Michigan, I am able to spend a lot of time with them. I enjoy traveling and meeting people and hope to continue to do this with Friendship Force.

Cool Places To Go

Mount Baldy

For those who like a little hiking. . . in Saugatuck, Michigan is a hill called Mount Baldhead ("Mt. Baldy"). Mt. Baldy is really a very big sand dune! If you are visiting Saugatuck you can take the Chain Ferry across the Kalamazoo River to get to Mount Baldhead Park. From the park you can climb the stairs up the dune. From the top is a beautiful view of the Kalamazoo River and the town. Then hike down the dune to Oval Beach on Lake Michigan. Or. . . there are several hiking trails through the woods. You can hike all the way to a lighthouse on Lake Michigan. For the return to the park you can hike back up the sand dune or walk on the road around the dune (about one mile). Saugatuck is a great little town for shopping, drinking and dining!



Do you know of a cool place to go? A museum? A walk in the woods? A special cafe or bistro somewhere? Some special place you would like to share with friends? Send an email with picture and short story to ellism@wmich.edu for the November newsletter!



FFWM Newsletter

Contact us: FFwesternmichigan@gmail.com

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